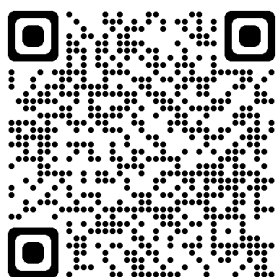


Mental Health and Wellness Resources

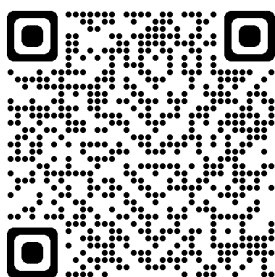
Available to EMS Providers



Equine Therapy

Located in Orange County, Horse & Soul's team is experienced and well versed in addressing first responders and military personnel's mental health needs.

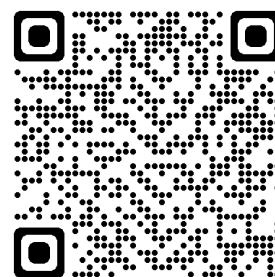
horseandsoulcounseling.com



Peer Support at Boulder Crest

Pre-Event resiliency training and Post-Event Peer Support. The Struggle Well Experience and Programs are directed to first responders.

Dan Matherly Struggle Well Director
615-414-1495



Financial Health

The Foundation for Financial Education is a non-profit organization dedicated to providing free educational resources to the public.

Philip Giordano 919-285-4482

Just like your gear, your mental health needs regular maintenance. FREE and CONFIDENTIAL help available 24/7 specifically for EMS Providers:

- Safe Call Now: (206) 459-3020 or 1-877-230-6060
- Emergency Responder Crisis Text Line: Text "BADGE" to 741741
- 988 Suicide & Crisis Lifeline: Call or Text 988

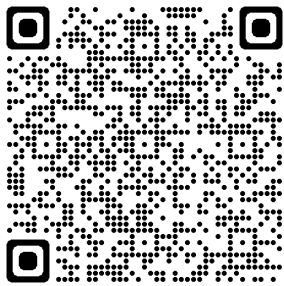
Why choose these resources?

- Professional and qualified staff
- Vetted by REMS Council
- Fast Track intake for some programs (mention REMS Council)



Mental Health Hospital Resources

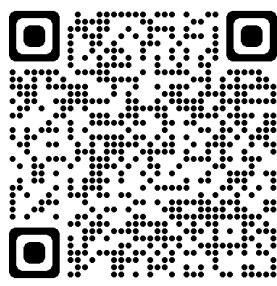
Available to EMS Providers



SRMC

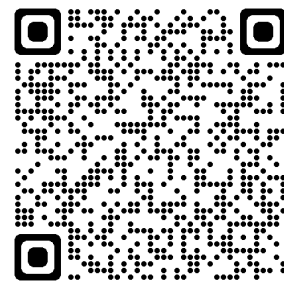
Direct Admission Program - 912-674-3323. After screening, First Responders will come directly to the unit, avoiding the ER.

Be sure to initiate the process with the phone call.



Tucker Pavilion at Chippenham Hospital

Located in Richmond, the Behavioral Health Unit offers inpatient and outpatient mental health services. The Intake process is separated from ER. 804-521-8975 (24/7) chippenhammed.com



TriCities Hospital

This program has experience with and understands the needs of Military and First Responders.

804-541-7517
804-541-7513

Just like your gear, your mental health needs regular maintenance. FREE and CONFIDENTIAL help available 24/7 specifically for EMS Providers:

- Safe Call Now: (206) 459-3020 or 1-877-230-6060
- Emergency Responder Crisis Text Line: Text "BADGE" to 741741
- 988 Suicide & Crisis Lifeline: Call or Text 988

Why choose these resources?

- Professional and qualified staff
- Vetted by REMS Council
- Fast Track intake for some programs (mention REMS Council)

